

# L.I.G.H.T.

**L.I.G.H.T. is an acronym that stands for:**

- Listening to the Holy Spirit
- Intentionally Spending Time with Christians and non-Christians
- Giving Generously
- Hearing from the Scriptures
- Taking Inventory

**Each topic can serve as a different week's spiritual check-in and be used in a one-on-one conversation or small group. The handouts provided will assist you in guiding a time of study and discussion for the week's topic.**

**While the handouts are not written as curriculum, they can easily be adapted to a longer lesson.**

# L

## LISTEN TO THE HOLY SPIRIT

- What are you speaking to God about?
- How and what are you meditating on?
- What is God saying to you?
- What challenges are you facing?
- What steps can you take to overcome these challenges?
- How can I be a help to you?

**READ: JN. 16:12-15; 1 JN 4:1-6**

# I

## INTENTIONALLY SPEND TIME WITH BELIEVERS & NON-BELIEVERS

- How are you in Christian community?
- How are you investing in unbelievers?
- What challenges are you facing?
- What steps can you take to overcome these challenges?
- How can I be a help to you?

**READ: HEB. 10:24-25; ROM. 10:13-15**

# G

## GIVING BLESSINGS

- How are you giving generously and sacrificially with your resources?
- What challenges are you facing?
- What steps can you take to overcome these challenges?
- How can I be a help to you?

**READ: 2 COR. 9:6-15**

# H

## HEARING FROM THE WORD

- What have you been reading in God's word?
- How is God's Word impacting you?
- What challenges are you facing?
- What steps can you take to overcome these challenges?
- How can I be a help to you?

**READ: 2 TIM. 3:14-17**

# T

## TAKING INVENTORY OF THE LAST FOUR WEEKS

- Which topic was most meaningful to you? Why?
- Which was most challenging? Why?
- What spiritual growths do you want to make going forward?
- What steps can you take to accomplish these goals?
- How can I be a help to you?

# L.I.G.H.T.

## *Listening to the Holy Spirit*

### EXPLORING THE SCRIPTURES

John 16:12-15   1 John 4:1-6   Matthew 10:19-20   Galatians 5:16-26

### DISCUSSION QUESTIONS

- Choose one or more scriptures above and discuss what you learn about the Holy Spirit.
- How does someone listen to the Holy Spirit?
- How do you know when it is God speaking to you?
- How often do you talk to God? What have you been talking to Him about?
- How often do you intentionally listen to God's voice? How do you do this? How can you listen better?
- What questions do you have about this topic?

# L.I.G.H.T.

## *Intentionally Spending Time with Christians and Non-Christians*

### EXPLORING THE SCRIPTURES

Colossians 4:2-6   Acts 2:42-27   Matthew 28:19-20   Acts 24:28

### DISCUSSION QUESTIONS

- Choose one or more scriptures above and discuss what you learn about intentionally spending time with Christians or non-Christians.
- What does intentionality mean?
- How is it possible to be intentional during busy seasons of your life?
- What does it look like for you to spend intentional time with Christians and non-Christians? How are you struggling with this concept?
- Who has been instrumental in your walk with the Lord? How can you be that for someone else?
- What questions do you have about this topic?

# L.I.G.H.T.

## *Generously Giving*

### EXPLORING THE SCRIPTURES

1 Corinthians 9:6-15    1 John 3:16-18    Hebrews 13:12-16    Mark 12:41-44

### DISCUSSION QUESTIONS

- Choose one or more scriptures above and discuss what you learn about generously giving.
- What are ways a person can give?
- When is it easy to give? When is it difficult?
- Why is giving an important trait for Christians?
- How are you already giving?
- Is there an area of your life you believe God is calling you to give more?
- What questions do you have about this topic?

# L.I.G.H.T.

## *Hearing from God's Word*

### EXPLORING THE SCRIPTURES

2 Timothy 3:14-17    Hebrews 4:12    Psalm 119:105    Matthew 7:24-27

### DISCUSSION QUESTIONS

- Choose one or more scriptures above and discuss what you learn about hearing from God's Word.
- Why is reading the Bible important?
- What are some different tactics for reading the scriptures?
- What have you been hearing from God's Word?
- How has God's Word been impacting you?
- What questions do you have about this topic?

# L.I.G.H.T.

## *Taking Inventory*

### EXPLORING THE SCRIPTURES

Hebrews 5:12-14   Hebrews 6:1   Colossians 1:9-10   1 Corinthians 13:10-12

### DISCUSSION QUESTIONS

- Choose one or more scriptures above and discuss what you learn about growing in your faith.
- Which topic from the L.I.G.H.T. acronym was most meaningful to you? Why?
- Which was most challenging? Why?
- Why is it important to take time and reflect on how God has been growing you?
- What spiritual growths do you want to make going forward?
- What steps can you take to accomplish these goals?
- How can I be a help to you?